

Antons Paškovskis

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24/04/89

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Education:

- **2008 / 2013:** **School of Business Administration “Turība”**
Bachelor program of Tourism and Hospitality management
- **1996 / 2008:** **“Riga Secondary School N34”**
Levels: (B) History,
(B) Geography, (C) Latvian,
(B) English

Work experience:

- **2023 (6 months)** **“Ikura – Sushi and Lounge” (Switzerland, Rapperswil)**
Turnkey business – sushi bar, take away & delivery
(Creating absolutely everything from scratch and full support)
- **2022 (5 months)** **“Shogun” (Switzerland, Zermatt)**
Sushi head chef (High quality food preparation, organizing sushi kitchen and team work, purchasing all necessary ingredients/orders, menu engineering, responsible of all processes in the kitchen)
- **2021 (3 months)** **“Sushi for fun” (Austria, Linz)**
Sushi bar and training academy (Consulting, education and full support)
- **2020 (4 months)** **“Sushi Panda” (Finland, Turku)**
Sushi head chef (High quality food preparation, organizing team work, purchasing all necessary ingredients/orders, menu engineering, responsible of all processes in the kitchen)
- **2019 (4 months)** **“OX Sushi” (Austria, Linz)**
Sushi head chef (High quality food preparation, organizing sushi kitchen and team work, purchasing all necessary ingredients/orders, menu engineering, responsible of all processes in the kitchen)



- **2018 - present** **Master classes, trainings, seminars (Latvia, Riga)**
Trainer / Motivator (Making 3 hours seminars with theoretical and practical part about catering sushi theme and restaurant business)

- **2017 (6 months)** **“Port Sushi” (Latvia, Adazi)**
Turnkey business – sushi bar, take away & delivery
(Creating absolutely everything from scratch and full support)

- **2016 (2 years)** **“Q.R.F – Trading House World Sushi.” (Latvia - Russia)**
Trading company owner/Sales manager/Trader (Selling food products in the Asian restaurants in Baltic States, mainly specialization is sushi rice with Russian company further collaboration)

- **2014 (2,5 years)** **“Flying Fish” (Latvia, Riga)**
Business owner/Sushi chef (Business organization, menu engineering, marketing assisting, take away boxes organization and selling, prices making, taking orders, purchasing all necessary ingredients/orders, responsible of full sushi bar, business expanding)

- **2013 (6 months)** **“Sushi-andmore - Ask de Chef” (Netherlands, Zeevenar)**
Turnkey business – sushi bar, take away & delivery
(Creating absolutely everything from scratch and full support)

- **2012 (5 months)** **“Haruka” (Norway, Bergen)**
Sushi head chef (High quality food preparation, organizing sushi kitchen and team work, purchasing all necessary ingredients/orders, menu engineering, responsible of all processes in the kitchen)

- **2011 (1 year)** **“Ivanoff” (France, Troyes)**
Turnkey business – dumpling cafe
(Creating absolutely everything from scratch and full support)

- **2010 (1 year)** **“Mikado Sushi” (Latvia, Riga)**
Sushi cook (sushi preparation, planning and organizing the daily operations)

- **2009 (6 months)** **“Baltic Tourism Office” (Latvia, Riga)**
Consultant (Communicating with tourists; giving information, advices and recommendations; selling excursions; providing walking guide tours in the city)

- **2008 (6 months)** **Asian restaurant “Gan-Bei” (Latvia, Riga)**
Catering assistant (sushi preparation,
planning and organizing the daily operations)

Additional information:

Computer skills: Word/Excel/Power Point (pack 2007)
B driving license 3/10/2012

Languages:

- Russian: Mother tongue
- Latvian: Full professional proficiency
- English: Full professional proficiency
- French: Pre-intermediate

Activities and Interests:

- Arts (was studying 4 years in the art school)
- Tourism (France, China, Thailand, Norway, Netherlands, Finland, Sweden, Greece)
- Martial arts (was training karate during 5 years)
- Theatre (was playing in the theatre during 4 years)
- Writing (wrote and published myself 2 books in 2020 year)